

Pay yourself first – the oldest saving advice that still holds

Upcoming episode

Hundred-year-old advice on saving, debt and putting money to work, told as parables from Babylon. A walk through the seven cures in *The Richest Man in Babylon* – and which of them still hold.

THE BOOK THIS EPISODE IS ABOUT

The Richest Man in Babylon – George S. Clason

1926

MAIN TOPICS

- Paying yourself first, and why the order is the whole point
- The seven cures for a lean purse
- Separating necessary spending from wants that feel necessary
- Putting money to work – compounding explained in 1926
- Guarding against loss before chasing returns
- The advice that has not survived a hundred years as well

QUESTIONS THIS EPISODE ANSWERS

- What does it mean to pay yourself first?
- How much of your income should you save?
- What are the seven cures in *The Richest Man in Babylon*?
- How do you get out of debt according to the book?
- Why does spending always grow to meet income?
- What in the book still holds, and what is dated?

KEY POINTS

- Save a tenth of everything you earn, before anything else is paid.
- Separate what you need from what you have come to count as necessary.
- Money sitting still does nothing – it has to be put to work.
- Protect the principal first. Returns without risk do not exist.
- The advice is simple on purpose. The difficulty is in following it.

SOURCES AND REFERENCES

- George S. Clason – *The Richest Man in Babylon* (1926)

This is general information, not individual financial advice.

AI is used as a tool in producing the text, and everything is read through before it is published. Errors can still occur.