

Memory techniques – learn to memorise a deck of cards

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How do some people memorise a whole deck of cards? A practical walk through memory technique: the memory palace, encoding things as images, and the systems that make it possible – and how to use them yourself.

MAIN TOPICS

- Memory technique and memorisation
- The memory palace (the method of loci)
- Encoding cards as images
- The PAO system (person, action, object)
- Practice and progression
- Carrying it over into everyday life and study

QUESTIONS THIS EPISODE ANSWERS

- How do some people remember an entire deck of cards in the right order?
- What is a memory palace, and how do you build one?
- How do you turn a playing card into an image you remember?
- What is the PAO system, and why does it make memorising faster?
- How long does it take to learn this?
- Can the techniques be used for anything other than decks of cards?

KEY POINTS

- Remembering a deck of cards is not about talent, but about a system you can learn.
- The brain remembers images and places far better than abstract symbols.
- With a memory palace you attach information to places you already know well.
- The same techniques work on names, numbers, course material and presentations.

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