

What is it really like to be a doctor?

23 July 2026 · About 1 h 27 min · With John Erik

What is it like to be a doctor? John Erik talks about studying medicine in Poland, everyday life as a GP, meeting patients, responsibility, and advice for future doctors.

MAIN TOPICS

- The road into medicine
- Studying medicine in Poland (Warsaw)
- Everyday life as a GP
- Meeting patients, and communication
- Responsibility and uncertainty in medicine
- Psychiatry
- Pay and working conditions for doctors
- Study technique and memory technique

QUESTIONS THIS EPISODE ANSWERS

- How do you become a doctor in Norway, and what subjects do you need from upper secondary school?
- What is it like studying medicine abroad?
- What does an ordinary working day look like for a GP?
- What does a doctor do when they do not know what is wrong with a patient?
- Who is medicine right for – and who should choose something else?
- Are status and a high salary reason enough to become a doctor?
- What should you consider before applying to medical school?

KEY POINTS

- Medicine is as much about handling people as it is about medicine itself.
- There is often no single right answer – a large part of the job is handling uncertainty.
- Asking colleagues for help is a normal and important part of the work.
- Choose the profession because you want it, not for the status or because of pressure.
- Good study techniques, such as the memory palace, make a demanding degree more manageable.

This is general information, not individual health advice.

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